

SEPTEMBER

Lunch

HAVASU PREPARATORY ACADEMY LSB - Lunch K-8

Monday	Tuesday	Wednesday	Thursday	Friday
September 3, 2018	September 4, 2018	September 5, 2018	September 6, 2018	September 7, 2018
LABOR DAY	MINI CORN DOGS & CHICKEN FUN MIX Orange Sorbet 100% Juice BBQ Sauce Choice of Milk Salad Bar Selections Mixed Greens Salad Carrot Sticks Corn Jalapenos Light Ranch Dressing	*NATIONAL CHEESE PIZZA DAY! CHEESY FLATBREAD ^ Diced Pears Choice of Milk Salad Bar Selections Mixed Greens Salad Red Peppers Green Beans Pickle Chips Light Ranch Dressing	CRISPY CHICKEN PATTY ^ Hamburger Bun ^ Fresh Fruit BBQ Sauce Choice of Milk Salad Bar Selections Mixed Greens Salad Broccoli Florets Carrot Sticks Green Pepper Slices Light French Dressing	
September 10, 2018	September 11, 2018	September 12, 2018	September 13, 2018	September 14, 2018
CHICKEN STRIPS W/SWEET POTATO PUFFS ^ Maple Baked Beans Applesauce Cup BBQ Sauce Ketchup Choice of Milk Salad Bar Selections Mixed Greens Salad Red Peppers Pickle Chips Light Italian Dressing	BAGEL DOG ^ Blended Fruit Juice Mustard Ketchup Choice of Milk Salad Bar Selections Mixed Greens Salad Diced Tomatoes Carrot Sticks Jalapenos Fat Free Ranch Dressing	Cucumber Coins Fresh Zucchini Coins Light French Dressing HOMESTYLE SALISBURY STEAK W/GRAVY Sliced Bread ^ Fresh Fruit Choice of Milk Salad Bar Selections Fresh Spinach Leaves Garden Green Peas	CHEESY FLATBREAD ^ Mixed Fruit Cup Choice of Milk Salad Bar Selections Mixed Greens Salad Broccoli Florets Carrot Sticks Jicama Sticks Light Ranch Dressing	
September 17, 2018	September 18, 2018	September 19, 2018	September 20, 2018	September 21, 2018
CHICKEN DUNKERS W/PARMESAN MARINARA SAUCE ^ Mixed Fruit Cup Choice of Milk Salad Bar Selections Mixed Greens Salad Carrot Sticks Corn Jalapenos Light Ranch Dressing	*BREAKFAST FOR LUNCH* PANCAKES & SAUSAGE Orange Juice Syrup Choice of Milk Salad Bar Selections Mixed Greens Salad Red Peppers Green Beans Pickle Chips Light Italian Dressing	PEPPERONI FLATBREAD ^ Diced Peaches Choice of Milk Salad Bar Selections Mixed Greens Salad Broccoli Florets Carrot Sticks Green Pepper Slices Light Ranch Dressing	Mixed Greens Salad Jicama Sticks Crunchy Celery Sticks Light Ranch Dressing CHARBROILED HAMBURGER Hamburger Bun ^ Maple Baked Beans Fresh Fruit Ketchup Mustard Choice of Milk Salad Bar Selections	
September 24, 2018	September 25, 2018	September 26, 2018	September 27, 2018	September 28, 2018
PIZZA DIPPERS Marinara Dipping Sauce Applesauce Cup Choice of Milk Salad Bar Selections Mixed Greens Salad Broccoli Florets Carrot Sticks Jicama Sticks Light Italian Dressing	CHICKEN QUESO BURRITO Refried Beans Pineapple Tidbits Salsa Choice of Milk Salad Bar Selections Mixed Greens Salad Diced Tomatoes Jalapenos Light Ranch Dressing	RANCH TURKEY BURGER Hamburger Bun ^ Chipotle Ranch Fresh Fruit Choice of Milk Choice of Milk Salad Bar Selections Mixed Greens Salad Green Beans Crunchy Celery Sticks Carrot Sticks Light Ranch Dressing Mustard	*MAKE YOUR OWN SALAD DAY* POPCORN CHICKEN Orange Juice Choice of Milk Salad Bar Selections Fresh Spinach Leaves Garden Green Peas Cucumber Coins Fresh Zucchini Coins Light Ranch Dressing	

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK. ** MENU SUBJECT TO CHANGE **

^ Denotes item is whole-grain/whole wheat

*** This institution is an equal opportunity provider.

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