



JANUARY

HAVASU PREPARATORY ACADEMY LSB - Lunch K-8

Monday	Tuesday	Wednesday	Thursday	Friday
December 31, 2018	January 1, 2019	January 2, 2019	January 3, 2019	January 4, 2019
	HOLIDAY BREAK	HOLIDAY BREAK	HOLIDAY BREAK	HOLIDAY BREAK
January 7, 2019	January 8, 2019	January 9, 2019	January 10, 2019	January 11, 2019
HOLIDAY BREAK	PANCAKES & SAUSAGE ^ Potato Rounds SunSet Sip Juice Diced Pears Syrup Ketchup Choice of Milk	HOT DOG W/ POTATO ROUNDS Hot Dog Bun ^ Maple Baked Beans Orange Juice Mustard Ketchup Choice of Milk	CHICKEN NUGGETS ^ Mixed Fruit Cup Chocolate Cookie ^ BBQ Sauce Choice of Milk Salad Bar Selections Mixed Greens Salad Carrot Sticks Pickle Chips Crunchy Celery Sticks Light Ranch Dressing	
January 14, 2019	January 15, 2019	January 16, 2019	January 17, 2019	January 18, 2019
PEPPERONI PIZZA ^ Apple-Cranberry Juice Choice of Milk Salad Bar Selections Mixed Greens Salad Red Peppers Carrot Sticks Pickle Chips Fat Free Ranch Dressing	BEAN & CHEESE BURRITO ^ Mixed Fruit Cup Choice of Milk Salad Bar Selections Mixed Greens Salad Green Beans Crunchy Celery Sticks Carrot Sticks Fat Free Ranch Dressing	SPECIAL MEAL CHICKEN DRUMSTICK W POTATO ROUNDS Fiesta Beans Blended Fruit Juice Corn Muffin ^ BBQ Sauce Ketchup Choice of Milk Salad Bar Selections Mixed Greens Salad Diced Tomatoes Jalapenos Light Ranch Dressing	MAC & CHEESE ^ Sliced Apples Choice of Milk Salad Bar Selections Fresh Spinach Leaves Garden Green Peas Cucumber Coins Fresh Zucchini Coins Fat Free Ranch Dressing	
January 21, 2019	January 22, 2019	January 23, 2019	January 24, 2019	January 25, 2019
MARTIN LUTHER KING JR.	CHICKEN TENDERS WITH POTATO WEDGES ^ Maple Baked Beans Applesauce Cup BBQ Sauce Ketchup Choice of Milk Salad Bar Selections Mixed Greens Salad Corn Jalapenos Fat Free Ranch Dressing	CHARBROILED HAMBURGER Hamburger Bun ^ Fresh Pear Mustard Ketchup Choice of Milk Salad Bar Selections Mixed Greens Salad Broccoli Florets Carrot Sticks Green Pepper Slices Fat Free Ranch Dressing	PIZZA DIPPERS ^ Marinara Dipping Sauce Diced Peaches Choice of Milk Salad Bar Selections Mixed Greens Salad Carrot Sticks Cucumber Coins Crunchy Celery Sticks Light Ranch Dressing	
January 28, 2019	January 29, 2019	January 30, 2019	January 31, 2019	February 1, 2019
CORN DOG ON A STICK^ Grape Juice Mustard Ketchup Choice of Milk Salad Bar Selections Mixed Greens Salad Red Peppers Carrot Sticks Pickle Chips Light Ranch Dressing	TOASTY TUESDAY** 3 CHEESE PANINI ^ Tomato Soup^ Mixed Fruit Cup Choice of Milk Salad Bar Selections Fresh Spinach Leaves Garden Green Peas Cucumber Coins Fresh Zucchini Coins Light Ranch Dressing	BBQ CHICKEN Hamburger Bun ^ Maple Baked Beans Fresh Orange* Choice of Milk Salad Bar Selections Mixed Greens Salad Diced Tomatoes Jalapenos Light Ranch Dressing	CHILI Corn Muffin ^ Sliced Apples Choice of Milk Salad Bar Selections Mixed Greens Salad Green Beans Crunchy Celery Sticks Carrot Sticks Light Ranch Dressing	

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK. ** MENU SUBJECT TO CHANGE **

^ Denotes item is whole-grain/whole wheat

*** This institution is an equal opportunity provider.