

FEBRUARY

Lunch



HAVASU PREPARATORY ACADEMY LSB - Lunch K-8

Monday	Tuesday	Wednesday	Thursday	Friday
January 28, 2019	January 29, 2019	January 30, 2019	January 31, 2019	February 1, 2019
February 4, 2019	February 5, 2019	February 6, 2019	February 7, 2019	February 8, 2019
PANCAKES & SAUSAGE ^ Diced Peaches Syrup Choice of Milk Salad Bar Selections Mixed Greens Salad Broccoli Florets Carrot Sticks Green Pepper Slices Light French Dressing	CHEESE PIZZA ^ Applesauce Cup Choice of Milk Salad Bar Selections Mixed Greens Salad Red Peppers Green Beans Pickle Chips Fat Free Ranch Dressing	HOT DOG W/ POTATO ROUNDS Hot Dog Bun ^ Maple Baked Beans Orange Juice Mustard Ketchup Choice of Milk Salad Bar Selections Mixed Greens Salad Corn Jalapenos Light Ranch Dressing	CHICKEN NUGGETS ^ Mixed Fruit Cup Chocolate Cookie ^ BBQ Sauce Choice of Milk Salad Bar Selections Mixed Greens Salad Carrot Sticks Cucumber Coins Crunchy Celery Sticks Light Ranch Dressing	
February 11, 2019	February 12, 2019	February 13, 2019	February 14, 2019	February 15, 2019
PEPPERONI PIZZA ^ Apple-Cranberry Juice Choice of Milk Salad Bar Selections Mixed Greens Salad Red Peppers Carrot Sticks Pickle Chips Fat Free Ranch Dressing	BEAN & CHEESE BURRITO ^ Mixed Fruit Cup Choice of Milk Salad Bar Selections Mixed Greens Salad Green Beans Crunchy Celery Sticks Carrot Sticks Fat Free Ranch Dressing	CHICKEN NUGGETS WITH POTATO ROUNDS ^ Fiesta Beans Blended Fruit Juice BBQ Sauce Ketchup Choice of Milk Salad Bar Selections Mixed Greens Salad Diced Tomatoes Jalapenos Light Ranch Dressing	MAC & CHEESE ^ Sliced Apples Choice of Milk Salad Bar Selections Fresh Spinach Leaves Garden Green Peas Cucumber Coins Fresh Zucchini Coins Fat Free Ranch Dressing	
February 18, 2019	February 19, 2019	February 20, 2019	February 21, 2019	February 22, 2019
PRESIDENTS DAY NO SCHOOL	TACO MEAT Tortilla Chips ^ Blended Fruit Juice Choice of Milk Salad Bar Selections Mixed Greens Salad Red Peppers Green Beans Pickle Chips Light French Dressing	CHARBROILED HAMBURGER Hamburger Bun ^ Fresh Pear Mustard Ketchup Choice of Milk Salad Bar Selections Mixed Greens Salad Broccoli Florets Carrot Sticks Green Pepper Slices Fat Free Ranch Dressing	PIZZA DIPPERS ^ Marinara Dipping Sauce Diced Peaches Choice of Milk Salad Bar Selections Mixed Greens Salad Carrot Sticks Cucumber Coins Crunchy Celery Sticks Light Ranch Dressing	
February 25, 2019	February 26, 2019	February 27, 2019	February 28, 2019	March 1, 2019
CORN DOG ON A STICK^ Grape Juice Mustard Ketchup Choice of Milk Salad Bar Selections Mixed Greens Salad Red Peppers Carrot Sticks Pickle Chips Fat Free Ranch Dressing	TOASTY TUESDAY** 3 CHEESE PANINI ^ Tomato Soup^ Mixed Fruit Cup Choice of Milk Salad Bar Selections Fresh Spinach Leaves Garden Green Peas Cucumber Coins Fresh Zucchini Coins Light Ranch Dressing	BBQ CHICKEN Hamburger Bun ^ Maple Baked Beans Fresh Orange* Choice of Milk Salad Bar Selections Mixed Greens Salad Diced Tomatoes Jalapenos Light Ranch Dressing	CHILI Corn Muffin ^ Sliced Apples Choice of Milk Salad Bar Selections Mixed Greens Salad Green Beans Crunchy Celery Sticks Carrot Sticks Light Ranch Dressing	

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK. ** MENU SUBJECT TO CHANGE **

^ Denotes item is whole-grain/whole wheat

*** This institution is an equal opportunity provider.

www.preferredmeals.com

